United States Olympic Committee

ATHLETE
SELECTION PROCEDURE

for the

OLYMPIC GAMES

U.S. Soccer
Women's Olympic Team
ATHLETE SELECTION PROCEDURES
2012 London Olympic Games
September 22, 2010

I. SELECTION SYSTEM

A. Provide the minimum eligibility requirements for an athlete to be considered for nomination to the Team:

1. Citizenship:
   Athletes must be a citizen of the United States at the time of nomination and hold a valid passport that will not expire for six months after the conclusion of the Games.

2. Minimum FIFA standards for participation:
   Athletes must be eligible under all applicable eligibility rules for participation as defined by the Federation Internationale de Football Association (FIFA) and the IOC. FIFA rules can be found at (www.fifa.com).

3. Other requirements (if any):
   N/A

B. Tryout Events:

1. Provide the event names, dates and location of all trials, events and /or camps to be used as part of the selection process.

   Athletes are evaluated throughout the quadrennium by the National Team Technical Staff at the events listed below. These events, which include Youth National activities, are subject to change. The team will be notified at least 15 days in advance of their selection to each individual event.

   - Algarve Cup 2009, 2010, 2011, 2012 Portugal
   - Match vs. Canada May 25, 2009 Canada
   - Match vs. Canada July 19, 2009 Rochester, NY
   - Match vs. Canada July 22, 2009 Charleston, SC

• Match vs. Germany	October 29, 2009	Germany
• International Matches	2010, 2011, 2012	TBD
• CONCACAF Gold Cup	Fall 2010	TBD
• FIFA Women's World Cup	Oct./Nov. 2011	Germany
• Youth National Teams	2009-2012	TBD
• Pro League Activity	2009-2012	TBD

2. Provide event names, dates, locations and description of how athletes qualify for any "preliminary or qualifying" events or procedures that are prerequisites to attend any of the trials, events or camps listed above in B. 1 (if any).

   a. Membership in Player Pool. Athletes must be members of the Player Pool to be selected to attend any of the events listed in Section I(B)(1).

   b. Ongoing Scouting. One (1) or more members of the National Team Technical Staff will consistently observe athletes at various events including club/league matches and competitions, USSF Developmental Programs, USSF Team and Youth National Team events, Pro Leagues (if applicable), Olympic Development Program State and Regional tournaments, and intercollegiate competition. This scouting is an ongoing process and will continue until final nominations are made for the Olympic Team. The National Team Technical Staff will not be evaluating each athlete competing at each such event. General scouting will be conducted so that athletes can be identified who perform at a level which the National Team Technical Staff believes is competitive in the current international field. Athletes identified through the ongoing scouting process will be considered for placement in the Pool by the National Team Technical Staff.

C. Provide a comprehensive, step-by-step description of the method that explains how athletes will go through the selection process to become Team nominees.

1. Athlete Evaluation
   Players are viewed at evaluative events described in I(B)(1) throughout the quadrennium by members of the National Team Technical Staff. Players are evaluated based on the criteria outlined in Section I(C)(6). It is intended that the evaluation will be an ongoing process and that all evaluation at events listed in Section I(B)1 which occur during the

quadrennium will be considered in the selection decisions. As indicated in these Selection Procedures, athletes may move into the Pool throughout this process and not every member of the Pool will participate in each event. As a result, it is possible that each athlete being considered in selection for a team will not have been evaluated at the exact same Evaluation Events as other athletes also being considered for that particular team.

2. Players invited to camps
   The Women's Olympic Team Head Coach will review the player pool and invite players in for each training camp/match based on the needs of the team and input from the Women's Olympic Team Coaching Staff. A player's inclusion in one event is no indication of future involvement with this team. The players will be notified at least 15 days in advance of their selection to each individual camp.

   - Women's National Team training camps 2009-2012
   - Youth National Team Training camps 2009-2012

3. Selection for National Teams
   Players are selected to National Team events based on their play in evaluative events. The selected players are then evaluated during National Team training camps / matches and other evaluative events, and may be called in to the Women's National Team for further training camps, matches and tournaments.

4. Evaluation of athletes at National Team Programs
   This evaluation process is ongoing throughout the quadrennium and includes performance while with the National Team. The Women's Olympic Team Head Coach may call in a different combination of players for each training camp / match throughout the quadrennium. Players are evaluated based on the criteria outlined in section I(C)(6).

5. Selection of the Olympic Team
   While the National Team Technical Staff is involved in the process, it is the Women's Olympic Team Coaching Staff that will oversee the selection process. The Women's Olympic Team Head Coach will make the final recommendation on the composition of the team, but will receive input from his/her assistant coaches as well as other National Team coaches and scouts. The Women's Olympic Team Head Coach will go through the process of selecting the Olympic Team (18 players will be nominated to the Women's Olympic Soccer Team) in a manner similar to how the team's roster is selected throughout the year. Players

from the Pool that the Women's Olympic Team Coaching Staff feel will give the team the best opportunity for success will be selected to the Olympic Team. The Women's Olympic Team Head Coach will use the Selection Criteria outlined in Section I(C)(6) in his/her selection of the Team, with the timing of this selection coinciding with FIFA's selection deadline for the Games.

6. Selection Criteria
In selecting athletes to be members of the Team, the Women's Olympic Team Head Coach will consider information, consisting of observation, video analysis and statistics (Attachment A and Attachment B) of both objective and subjective in nature, which pertains to technical ability, tactical decisions, physical and psychological capabilities and other considerations.

• *Performance:* technical, tactical, physical and psychological
• *Other considerations:* potential to perform under pressure and contributions on/off the field in the areas of: teamwork, enthusiasm, versatility within her position, maturity, aggressiveness, leadership, competitive spirit, communication, cooperation within the team, and integrity.

While the National Team Technical Staff is involved in the process, it is the Women's Olympic Team Coaching Staff that will oversee the selection process. The Women's Olympic Team Head Coach will make the final recommendation, but will receive input from his/her assistant coaches as well as other National Team coaches and scouts. The Women's Olympic Team Head Coach will then present this list to the USSF President (currently Sunil Gulati), CEO/Secretary General (currently Dan Flynn) and Athlete Representative (currently Danielle Fotopoulos) to review and approve nomination.

D. The committees/groups who oversee the selection process, including the name(s) and role(s) of their members.

The Women's National Team Technical Staff (which includes members of the Women's Olympic Team Coaching Staff) is involved in the selection process and is comprised of the following:

National and/or Pan American Team Head Coach (currently Pia Sundhage)
Under-23 Women's National Team Head Coach (currently Bill Irwin)
Under-20 Women's National Team Head Coach (currently Jillian Ellis)
Under-18 Women's National Team Head Coach (currently David Chesler)

Under-17 Women's National Team Head Coach (currently Mike Dickey)
Under-15 Girls' National Team Head Coach (currently Mike Dickey)
National Team Scouts

II. DISCRETIONARY SELECTION

A. Provide rationale for utilizing discretionary selection (if any):

The sport of soccer is not a measured or timed event. In the selection of athletes who will compete together as a team, it is impossible to make selection decisions based solely upon objective criteria. It is the belief of the USSF that selection criteria set out in Section I(C)(6), which includes subjective components in the evaluation of performance and ability, will result in the selection of the very best athletes to comprise our team.

B. List the discretionary criteria and explain how they will be used:

In selecting athletes to be members of the Women's Olympic Team, the Women's Olympic Team Coaching Staff will consider the selection criteria in Section I(C)(6). However, the general philosophy that will prevail throughout the evaluation / selection process will be to identify the athletes what will make up the "best team."

C. Discretionary Selection Committee

Provide the name of the committee that will be responsible for making discretionary selections, along with a complete list of the members currently serving on the committee and their titles:

The Women's Olympic Team Head Coach, with input from the Women's Olympic Team's Coaching Staff, will be responsible for all aspects of team selection and will make the ultimate recommendation on the team's roster. See Section I(D) for complete list of committee members and their titles.

III. REMOVAL OF ATHLETES

A. Prior to acceptance of nominations by the USOC, U.S. Soccer has jurisdiction over potential nominees.

An athlete who is to be nominated to the Team by U.S. Soccer may be removed as a nominee for any of the following reasons, as determined by the NGB:

- Voluntary withdrawal. Athlete must submit a written letter to the U.S. Soccer CEO/Secretary General (currently Dan Flynn).

- Injury or illness as certified by an approved U.S. Soccer physician (or medical staff). If an athlete refuses verification of their illness or injury by an approved U.S. Soccer physician (or medical staff), their injury will be assumed to be disabling and they may be removed.
- Violation of the U.S. Soccer's Player Handbook. (Attachment C)

An athlete who is removed from the Team pursuant to this provision has the right to a hearing per the USSF Bylaw 703 or the USOC's Bylaws, Section 9.

B. After acceptance of nominations by the USOC, the USOC has jurisdiction over the Team under the USOC Code of Conduct and Grievance Procedures. This occurs no earlier than 45 days and no later than 30 days prior to the Opening Ceremonies of the Games (unless expressly waived by the USOC).

A Team member who is accepted by the USOC is subject to the USOC Code of Conduct and Grievance Procedures.

C. An athlete may be removed as a nominee to the Team or from the Team at any time for violation of IOC, FIFA, WADA, IF, USADA and/or USOC anti-doping protocol, policies and procedures, as applicable. In such instances, the adjudication process will be managed through the United States Anti-Doping Agency.

IV. REPLACEMENT OF ATHLETES

A. Describe the process by which the replacement pool of athletes will be identified:

The US Soccer Player Pool will act as the replacement pool of athletes. The Women's Olympic Team Coaching Staff, led by the Women's Olympic Team Head Coach, will use the same evaluative events as used to select the Olympic Team. These replacement players will be identified as the replacements to replace team members in the event of injury or other need for replacement as listed in Section III.

B. Describe how the replacement athlete(s) will be selected, should a vacancy occur:

i. prior to acceptance of nominations by the USOC:

If a vacancy on the roster occurs, the Women's Olympic Team Coaching Staff will replace that player with one of the athletes from the Player Pool. In selecting the replacement player that will join the Olympic Team, the coaches will consider the selection criteria previously listed in this document, and may also consider the position(s) that the replacement player is filling and attempt to fill with a similar player.

ii. after acceptance of nominations by the USOC:

see IV(B)(i).

C. Identify the group or committee that will be responsible for making athlete replacement determinations:

i. Group or committee who determines the replacement pool:

The Women's Olympic Team Head Coach, with input from the Women's Olympic Team Coaching Staff, will select the replacement pool of players.

ii. Group or committee who determines a replacement to the Team:

a. prior to acceptance of nominations by the USOC:

The Women's Olympic Team Head Coach with input from the Women's Olympic Team Coaching Staff, will be responsible for all aspects of team selection and will make the ultimate recommendation for a replacement on the team's roster. The Women's Olympic Team Head Coach will then present this recommendation to the USSF President (currently Sunil Gulati), CEO/Secretary General (currently Dan Flynn) and Athlete Representative (currently Danielle Fotopoulos) to review and approve for nomination.

b. after acceptance of nominations by the USOC:

see IV(C)(ii)(a).

V. SUPPORTING DOCUMENTS

US Soccer will retain the approved Selection Procedures and all supporting documents, including scouting or evaluation forms, etc., and data from the selection process for six months past the date of the Closing Ceremonies of the Games.

VI. REQUIRED DOCUMENTS

The following documents are required to be signed by an athlete as a condition of nomination to the Olympic Games and are included as attachments:

U.S. Soccer Player Handbook Agreement (Attachment C)

VII. PUBLICITY/DISTRIBUTION OF PROCEDURES

The USOC approved Selection Procedures (complete and unaltered) will be posted/published by the U.S. Soccer Federation in the following locations and will include the USOC approval date:

A. U.S. Soccer Federation Web site: www.ussoccer.com
These procedures will be posted as soon as possible, but not more than five business days following notice of approval by the USOC.

B. U.S. Soccer Federation Official Publication (if any):
N/A

VIII. DATE OF NOMINATION

The Nomination of Athletes form, including replacements, will be announced to all athletes and submitted to the USOC on:

Roster of 30 and replacements on June 25, 2012

Final Roster of 18 and replacements on July 2, 2012

*Removal and replacement procedures, per this document, Sections III. and IV. apply, to both the Roster of 30 and Final Roster of 18.

IX. MANDATORY TRAINING AND/OR COMPETITION

The Women's National Team Technical Staff will develop a training program and competition for athletes nominated to the Olympic Team. Each member of the team is required to participate in this training, unless excused by the Women's Olympic Head Coach for injury or other justifiable reason. Players will be notified no less

than 15 days before training. An athlete needs a waiver in writing from the Women's Olympic Team Head Coach if she is not able to participate in mandatory training and/or competition. Such a waiver will only be granted in extreme circumstances.

X. ANTI-DOPING REQUIREMENTS

Athletes must adhere to all IOC, FIFA, WADA, IF, USADA and USOC anti-doping protocols, policies and procedures, as applicable. This includes participation in out of competition testing as required by the IOC, FIFA, IPC, PASO, WADA, IF, USADA and USOC Rules, as applicable.

XI. DEVELOPMENT OF SELECTION PROCEDURES

The following committee/group (include names and titles) was responsible for creating these Selection Procedures: U.S. Soccer's Technical Committee – including the President (Sunil Gulati), Vice-President (Mike Edwards), CEO/ Secretary General (Dan Flynn) and Chief Administrative Officer(Brian Remedi) – with the review of its USOC Athletic Council Representative (Danielle Fotopoulos), compiled the 2012 London Selection Procedures.

XII. NGB/PSO BYLAWS AND GRIEVANCE PROCEDURES

The U.S. Soccer's Bylaws and Grievance Procedures can be found on www.ussoccer.com.

XIII. INTERNATIONAL DISCLAIMER

These procedures are based on FIFA and IOC rules and regulations as presently known and understood. Any change in the selection procedures caused by a change in FIFA and IOC rules and regulations will be distributed to the affected athletes immediately. The selection criteria are based on the latest information available to U.S. Soccer. However, the selections are always subject to unforeseen, intervening circumstances, and realistically may not have accounted for every possible contingency.

If any force of nature, or force majeure event, should cause the altercation or cancellation of any of the selection events listed in this document, these selection procedures will be revised, pursuant to their resubmission to the USOC.

XIV. ATHLETE OMBUDSMAN

Athletes who have questions regarding their opportunity to compete that are not

answered by U.S. Soccer may contact the USOC Athlete Ombudsman: John W. Ruger by:

- Toll free telephone at (888) ATHLETE (1-888-284-5383)
- E-mail at http://www.teamusa.org/about-usoc/athlete-ombudsman.html
- www.888athlete.org

XV. NGB/PSO SIGNATURES

I certify that I have read, understand and incorporated our IF and/or CF (PAG only), if applicable, standards/criteria into our Selection Procedures and that the information provided herein regarding Athlete Selection Procedures represents the method approved by U.S. Soccer.

Position	Print Name	Signature	Date
NGB/PSO President or Executive Director			
Nat. Team Coach, Head Coach, or Nat. Program Director			
USOC Athletes' Advisory Council Representative*			

*If USOC AAC Representative has delegated authority to the Alternate AAC Representative to sign the Selection Procedures, attach a letter from the AAC Representative indicating the reason he/she has delegated authority.
*Signature by the AAC Representative constitutes that he/she has read and understands the Selection Procedures and certifies that the Selection Procedures submitted represent the method approved by the NGB/PSO. If the AAC Representative reads and does not agree with the Athlete Selection Procedures being submitted by the NGB/PSO, he/she may submit those reasons in writing to his/her Sport Partnerships Team or U.S. Paralympics representative.

Attachment A

National Teams

2009 Statistics

Overall Record:

Individual Record:

INDIVIDUAL STATISTICS		**Overall Stats**					**Internationals**						*Career*
Name	*Pos.*	*GP/GS*	*G*	*A*	*Y/R*		*GP/GS*	*Min*	*G*	*A*	*Y/R*		*Caps/Goals*
TOTALS													
Opponent Totals													

GOALKEEPING STATISTICS

Player	*GP/GS*	*GF*	*GA*	*SO*	*GAA*	*W-L-T*		*GP/GS*	*GF*	*GA*	*SO*	*GAA*	*W-L-T*
TOTALS													
Opponent Totals													

Attachment B

U.S. Under-20 Men's National Team Match Report

Participants: USA U-20 MNT vs. Brazil
Competition: Copa Chivas 2010
Location: Guadalajara, Mexico
Date: Jan. 23, 2010
Weather: Hot & Sunny

Scoring Summary:

	1st	2nd	Final
USA	0	1	1
Brazil	0	1	1

Brazil	9-Lucas (8-Adrian)	48th minute
USA	17-Agudelo (18-MacMath)	55th minute

Lineups:
USA: 18-Zac MacMath, 14-Bryan Gallego, 6-Emilio Orozco, 5-Perry Kitchen, 3-Moises Hernandez, 17-Juan Agudelo, 10-Bryan Duran(21-Nick Palodichuk, 57), 12-Amobi Okugo, 8-Carlos Martinez(19-Fuad Ibrahim, 58), 15-Ryan Dodson(13-Luis Gil, 23), 16-Victor Chavez(20-Jack McInerney, 63)

Subs Not Used: 24-Earl Edwards, 25-Michael Ambrose, 4-Zach Herold

Head Coach: Thomas Rongen

Brazil: 1-Guido, 2-Lucas, 3-Luis Gustavo, 4-Glenio, 5-Jonatas, 6-Victor, 7-Marlon Bico, 8-Adrian, 9-Lucas Piazon, 10-Mateus(11-Lucas Lopez, 62), 15-Rodrigo(18-Pedro, 66)

Subs Not Used: 12-Jairo, 13-Oliveira, 14-Emerson, 16-Hugo

Head Coach: Antonio Nizzo

Statistical Summary:

	USA	**Brazil**
Shots	5	7
Saves	2	1
Fouls	10	12
Corner Kicks	2	2
Offside	2	0

Misconduct Summary:

USA	14-Gallego	Caution	27th minute
Brazil	3-Luis	Caution	59th minute

Attachment C

National Team Selection
Approximately 15 days prior to each trip you will be notified by either the Head Coach or Team Coordinator if you have been selected to participate in that particular trip. Please keep in mind that you are part of that trip only; attending one training camp does not guarantee a roster spot on future trips. However, you have been selected as part of the National Team player pool, and you should be prepared to participate in future National Team events at any time.

Travel
Please realize ample administrative time is needed to arrange all airline reservations, visa applications and hotel accommodations. Procrastination may result in unneeded schedule delays and possible roster changes.

After the arrangements have been made, your ticket along with pertinent trip information will be e-mailed to you. It is your responsibility to make sure you understand your travel arrangements.

When traveling with the National Team, please remember that you are representing the United States and the U.S. Soccer Federation. Appropriate dress is required at all times.

Passport/Visa Information
Please return a photocopy of the picture page of your passport along with other requested information. It is vital that this information is on file with U.S. Soccer at all times. (If you do not currently hold a valid passport, please begin the application process immediately by contacting either your local passport agency or post office). Certain countries require that we obtain a Visa which will be stamped in your passport. Upon request, be prepared to send us your passport. This will allow U.S. Soccer to obtain Visas for the entire delegation at one time. If you are already in possession of a passport, be sure to check the **expiration date.** Please note that some countries do not allow entry if your passport expires within **six (6) months** of a trip. It is imperative that you **keep your passport updated!**

Note: *You may obtain a passport application at your nearest major post office or nearest government agency. For the location nearest you, please refer to the phone book and call government information or visit their website at http://travel.state.gov/passport_services.html*

Accommodations
Prior to your departure, you will be supplied with the address(es) and telephone number(s) for the team's accommodations. You will also receive a memo prior to departure providing detailed information regarding ground transportation.

U.S. Soccer has a policy that players' families do not travel with or stay in the same hotel as the official delegation. Past experience has shown that this policy, while appearing somewhat restrictive, is vital to the trip's efficiency – both on and off the field – and will contribute to the success of the National Team.

Incidental Expenses, Per Diem Allowance and Personal Loans
U.S. Soccer will provide for your transportation, meals and lodging. Each player will be required to sign a form acknowledging that he or she has received the correct amount of per diem money. If you would like to bring spending money, please feel free to do so.

All incidental room expenses (phone, room service, movies, etc.) will be paid by the player prior to checking out from the hotel. Players should clear incidental expenses the night prior to departure whenever possible.

The Team Coordinator has been instructed not to use U.S. Soccer money for individual loans.

Medical/Injuries
An athletic trainer (and a doctor on international trips) will travel with the team on each trip. All players **must** complete a Medical History Form annually at the first camp of each calendar year. This information will be kept of file with each player's personal records. You will need to keep the Manager of Sports Medicine Administration informed and updated regarding injury, illness, hospitalization, medical condition, or medication that you are taking.

We require that you use your own insurance as the primary coverage in the event of an injury. U.S. Soccer's coverage is used only as secondary insurance; once your insurance company has reviewed the claim and paid benefits, we will then file the remainder of the claim (any deductible or portions of bills not covered) with our insurance company.

Please do not assume that the National Team's athletic trainer has copies of all medical bills that you have incurred. If you have any questions regarding injuries, rehabilitation, insurance claims or outstanding bills, please contact U.S. Soccer's Manager of Sport Medicine Administration.

All players are expected to arrive into camp healthy and fully fit. Any sub-standard situation will be penalized, and may include fine, suspension or a dismissal from camp.

Diet
You are now a member of the national player pool and as such your diet and preparation should reflect the fact that you are a world-class athlete. Foods that will enhance your performance include complex carbohydrates (breads, pasta, fresh fruit, fish, poultry and vegetables) and protein; try to avoid any fried preparations and simple sugars like chocolate and soda, which only serve as empty calories.
As you travel to different countries you must be prepared for foods which look and taste differently than what you are accustomed to. Be prepared to adapt to this situation, because a proper diet is essential for maximizing your player potential.

Equipment and Apparel
U.S. Soccer will provide you with practice gear and casual gear for each trip. Nike apparel and equipment is to be worn at all times, with the exception of cleated shoes, running shoes, goalie gloves and shinguards, which are all classified as Performance Gear for the sport of soccer. Performance gear is defined as gear that has "a material effect on the performance of athletes, due to specialized characteristics of the equipment." Athletes may choose to wear any brand of items that are considered Performance Gear.

Rules and General Policies

The following General Rules and Policies apply anytime a U.S. Soccer Youth National Team is together. A member of a USOC team (Pan-American Games, Olympic Games, or other) is also subject to the USOC Code of Conduct and Grievance Procedures.

While these policies may not cover every conceivable situation, we have compiled general guidelines that each player should follow. In addition, there is one guiding principle that must always be observed: players are expected to conduct themselves in a manner that will reflect positively upon them, their teammates, U.S. Soccer and the United States of America.

Players failing to follow U.S. Soccer's Rules and General Policies may be disciplined by the Head Coach, Team Coordinator and/or Director of National Teams Administration, and USOC staff if the player is part of a USOC team. Violations could result in a suspension or dismissal from the program or event.
Players may have additional rights defined by the Ted Stevens Amateur Sports Act and the U.S. Olympic Committee Bylaws.

A. General

1. Alcohol will not be consumed by any player during a National Team event.

2. No player is permitted to possess or use any illegal drugs

3. You must not wear U.S. National Team training/match equipment off the playing field, unless permitted to do so by Team staff. You are not allowed to trade or switch your jersey or any gear unless otherwise instructed by the staff.

4. Your conduct in business establishments is always noticed; don't disgrace yourself and/or your teammates by acting in an appropriate manner.

5. It is your responsibility to be on time for all practices, meetings, and other appointments. Excuses will not be accepted.

6. Any form of gambling on the outcome of games is completely forbidden. You are also expected to avoid any association with gamblers.

7. Under no circumstances will the Federation give personal loans to players. You should make arrangements to have sufficient spending money to take care of your personal needs while on the road.

8. You must bring your valid passport with you on all trips. At all international games, your passport must be presented as proof of citizenship and age. **Players will not be permitted to play without it.**

B. Travel

1. You are expected to make the team flight to and from the event location. If you miss

the plane, experience a delay or are re-routed, you must notify your National Team

Coordinator and you will be expected to make the next scheduled flight.

2. You must be on the chartered bus (or vans) to and from the airports, hotels, training fields and match venues. No one is excused from the team transportation unless permission is given by the Head Coach or Team Coordinator.

3. If you should desire to make arrangements to have your city of departure different than your city of return we can arrange for that. You will be charged the difference over and above the normal round trip fare.

C. Training Camp/Hotel & Dormitory Rules

1. You are a guest of the hotel or other organization providing accommodations. You must always maintain a cooperative relationship and conduct yourself in an exemplary manner.

2. You are also responsible for the conduct and care of your room. If your teammates are in your room being loud, it is your responsibility to quiet them. If an item is broken, missing or stolen from your room, you are responsible.

3. Team members will eat all meals at the prescribed time. It is mandatory that you attend every scheduled meal.

4. You are responsible to pay for your own incidental expenses (telephone, movies, etc.).

5. Curfew for all players will be determined and set by the Head Coach. At the assigned curfew you must be in your own room and in bed. Ample rest is crucial for your best performance.

6. Make all telephone calls before curfew.

7. Show respect for your roommate and other guests of the hotel – no loud radios, TV's or musical instruments will be permitted.

8. No guests are permitted in your room, unless permission is granted by the Head Coach.

9. If you are going to be out of your room make sure team staff knows where you will be.

D. Dress and Appearance

1. Special outfits may be provided by U.S. Soccer for select events and may be required to be worn at all/select official appearances. Otherwise, you are expected to bring

along the prescribed attire suitable for the event as directed in your introductory letter.

2. Shin-guards must be worn, socks must be pulled up and shirts must be tucked in for all matches and practices.

3. Please use good judgment when appearing in public. Always be neat and presentable. You are accountable for what you say and do in public.

E. Equipment Rules

1. Any U.S. Soccer Nike equipment that is issued to you is recorded by the Head Equipment Manager. It is your responsibility to take care of this equipment and make sure you bring it to each USSF activity. This equipment should only be used for National Team duty.

2. You are responsible for ensuring that you have the proper equipment and footwear. If Nike shoes are needed, please call your Team Coordinator of the National Teams Equipment Room at 310-630-2265.

3. Any equipment problems must be reported immediately to the appropriate staff member.

4. The equipment manager and/or coordinator will provide you with training gear for each session. You will pick up clean kits at the time and location specified by your Team Coordinator or Equipment Coordinator. Dirty kits must be handled in within 30 minutes of returning to the hotel.

5. All game uniforms, training gear and rain gear is the property of U.S. Soccer and must be returned to the Equipment or Team Coordinator prior to departure from camp.

F. Training Room/Injuries

1. The trainer(s) and doctor have full control of the training room and they expect your cooperation. Please treat them with respect.

2. If you are already suffering from an injury or you are not 100% fit when called into camp, you must **immediately** notify the Manager of Sports Medicine Administration. If you report to a training camp and are not able to participate because of a pre-existing injury and have not received the approval of USSF medical staff, you will be held responsible for the cost of your air travel.

3. The training room is for taping, first aid and the treatment of injuries. It is an important working area and is not to be used as a lounge. Absolutely no horseplay will be tolerated.

4. All injuries must immediately be reported to the trainer. Any player who does not

report an injury, disregards the trainer's advice or does not keep a doctor's appointment is subject to disciplinary action.

5. Treatments will be given before and after practice and any additional time needed will be scheduled with the athlete by the trainer.

6. Injured players who cannot participate in practice must wear the uniform of the day unless otherwise excused by the Head Coach and must attend all practices and meeting s unless instructed otherwise by the Head Coach or trainer.

G. Drugs and Banned Substances

1. U.S. Soccer will not tolerate any of its athletes using banned substances. Banned substances are defined by FIFA, World Anti-Doping Agency (WADA) and the U.S. Anti-Doping Agency (USADA). Athletes must adhere to all IOC, WADA, FIFA, USADA and USOC anti-doping protocols, policies and procedures. This includes participation in out of competition testing as required by the IOC, WADA, FIFA, USADA, USOC Rules. Athletes will be provided with information on banned substances and may be subject to random drug testing. Athletes must understand the consequences of using substances that are banned. Any player associated with the buying, selling or use of illegal or banned substances will be subject to penalties determined by USADA and/or FIFA (of the use occurs at a FIFA competition).

2. Any questions that you may have concerning drug education, banned substances and drug testing procedures can be answered by calling the **USADA Drug Reference Line @ 1-800-233-0393 or 1-719-785-2020 (outside the U.S.) or on line at www.usantidoping.org.**

H. Practice and Field Rules

1. Pre-practice

   a. When you report for a training session you must be fit and ready to play.

   b. You must wear the assigned practice uniform – no exceptions.

   c. You will be assigned to carry the balls, water, ice containers and other practice equipment on a rotating basis. You should check the locker room board, training room door or directly with the equipment coordinator daily for assignments.

2. Organized practice

   a. Practice will officially begin when the couch or trainer starts the warm-up.

   b. You must not leave the practice field unless permission is given by the Head Coach.

I. Publicity and Public Relations

1. You should go out of your way to act as a role model.
2. Publicity and promotion of this sport play an important part in the continued growth of soccer, so you may occasionally be asked to participate in off-the-field programs.
3. All interviews with the media must be cleared with the Head Coach, the NT Coordinator or the Press Officer.
4. In media interviews, be courteous, on time and cooperative.
5. Be careful what you say! There is no such thing as "off the record."

AFTER READING THIS PLAYER HANDBOOK SECTION, PLEASE SIGN THE AGREEMENT FORM AND RETURN IT. THE HANDBOOK IS YOURS TO KEEP.

U.S. SOCCER NATIONAL TEAM PROGRAM
PLAYER HANDBOOK AGREEMENT

I,_____, have read the U.S. Soccer National Teams Player Handbook. I accept its provisions and agree to abide by the guidelines set forth within.

_____
Player Signature

_____
Date

_____
Parent Signature
(If Under 18 Years of Age)

_____
Date