U.S. Soccer
“E” License
Team Management Pre-Course Assignment

The modern youth coach is much more than a tactician. The title has evolved into a set of responsibilities more analogous to a symphony “conductor” that must coordinate and harmonize many interrelated components. Effective coaching is the integration of practical knowledge of the game and player development, managing parents, managing athletes, and supporting volunteers. Additionally, it is critical that the coach maintains an environment that is safe and developmentally appropriate.

Select **one (1)** of the three assignment options described in the next three pages. This is a pre-course assignment to be **completed in advance** and submitted at the beginning of the “E” course.

U.S. Soccer
"E" License
Team Management Pre-Course Assignment

Option A
Personal Coaching Philosophy

• Read and review the Team Management section of this "E" License Guidebook.

• Read and review any or all of the References and Resources that are listed in order to complete this assignment.

• Prepare a one to two page Personal Coaching Philosophy that will serve as a tool for your initial 9-12 year old Team Parent-Player Meeting.

<u>Please include:</u>

- Player Development Goals
- Core Coaching Values
- Player Expectations
- Parent Expectations

U.S. Soccer
“E” License
Team Management Pre-Course Assignment

Option B
Training Plans

• Read and review the Methods of Coaching section of this “E” License Guidebook.

• Read and Review any or all of the U.S. Soccer Curriculum that is located here – http://www.ussoccer.com/Coaches/Licenses/National-E.aspx

• Prepare two (2) full practice plans that will serve as Training Plans to Develop Passing and Small-Group Play with your 9-12 year old team. Please utilize the Practice Plan Template provided in this Guidebook.

U.S. Soccer
"E" License
Team Management Pre-Course Assignment

Option C
Coaching Behavior Self-Analysis

• Read and review the Methods of Coaching section of this "E" License Guidebook.

• Read and Review any or all of the U.S. Soccer Curriculum that is located here – http://www.ussoccer.com/Coaches/Licenses/National-E.aspx

• Prepare a two page (2) self-analysis of your teacher-coach methods. The analysis is to be completed by recording your coaching dynamics for an undivided 15 minute segment of one practice session with your team. You may have a peer coach track your actions OR you may have your session video-taped and then analyze the tape yourself.

• Page 1: A reaction and summary statement regarding the data that you have collected. Identify and describe 1-3 developmental targets.

• Page 2: The completed Coaching Behaviors tracking form (next page).

U.S. Soccer

"E" License

Team Management Pre-Course Assignment

Tracking Form – Coaching Behaviors

Enter a check mark (✓) for each occurence in each category below.

VERBAL FEEDBACK	PERIOD:	PERIOD:	PERIOD:	TOTAL	COMMENTS
POSITIVE					
CORRECTIVE					
NEGATIVE					
NEUTRAL					
USE OF QUESTIONS	**PERIOD:**	**PERIOD:**	**PERIOD:**	**TOTAL**	**COMMENTS**
GUIDED					Applicable to an athlete during a field session.
LEVEL I FACTUAL ?s					Simple, definitive answers at the recall level of thinking.
LEVEL II CONCEPTUAL ?s					Delve deeper than facts & require sophisticated processing. Can be divergent, convergent or evaluative.
LEVEL III PROVOCATIVE ?s					Highest challenge, entice & stimulate complex problem-solving. A combination of divergent & evaluative questions.
DELIVERY OF INFORMATION	**PERIOD:**	**PERIOD:**	**PERIOD:**	**TOTAL**	**COMMENTS**
VERBAL					
NON-VERBAL					
FIELD DEMONSTATION					
COMBINED					