

# U.S. SOCCER NATIONAL TEAMS

## CONCUSSION TESTING & MANAGEMENT PROCESS



- 1 BASELINE ALL ATHLETES DURING FIRST NATIONAL TEAM CAMP**
  - [impacttestonline.com/customercenter](http://impacttestonline.com/customercenter)
- 2 EDUCATE SELF ON U.S. SOCCER CONCUSSION PROTOCOLS**
- 3 EMERGENCY ASSESSMENT OF ATHLETE**
- 4 STABILIZE ATHLETE**
- 5 TRANSPORT ATHLETE (IF NEEDED)**
  - Ambulance
  - Car
- 6 EVALUATE ATHLETE FOR CONCUSSION**
  - On Field - Immediately remove athlete from participation if concussion is suspected
- 7 CONTACT PARENTS**
- 8 CONTACT U.S. SOCCER MEDICAL STAFF BY EMAIL**
  - Hughie O'Malley
  - Anton Rill
  - Dr Ruben Echemendia
- 9 TRAINING ROOM EVALUATION**
  - SCAT3 Form
- 10 GRADED RETURN TO PLAY**
  - Step 1
- 11 IMPACT CONCUSSION POST INJURY TEST (AFTER SYMPTOM FREE FOR 24 - 48 HOURS)**
- 12 CONSULT NEUROPSYCHOLOGIST AND PHYSICIAN**
- 13 IF NEUROPSYCH EVAL IS BACK TO BASELINE**
- 14 GRADED RETURN TO PLAY**
  - Steps 2 - 4
- 15 CONSULT PHYSICIAN**
- 16 GRADED RETURN TO PLAY**
  - Steps 5 - 7
- 17 CONSULT PHYSICIAN**
- 18 RETURN TO PLAY**